



SUMMER 2010



ADVANCED FIGURE SKATING CLASSES

Off-ice Jump/Moves/Freestyle Package

Intro through Advanced group instruction in elements of moves in the field, freestyle, & jump technique.

Weekly Schedule (SATURDAYS)

8:15-9:15am *On-ice class*
9:15-10:15am *Practice (included)*
10:30-11:15am *Off-Ice jump*

\$200/skater (add \$15 non-resident)
Deadline one week before start date (add \$15 late fee)

SESSION A: Jun 5, 12, 19, 26
SESSION B: Jul 10, 17, 24, 31
SESSION C: Aug 7, 14, 21, 28

SUMMER SAVINGS! Hurry...deadline 6/1/10.

*Purchase any two full sessions for \$360 (10% discount).
Purchase all three sessions for \$510 (15% discount).*

Power Edges & Dance Package

Classes in edge & turn control and developing power & rhythm by skating in time with music.

Weekly Schedule (WEDNESDAYS)

6:00-6:30pm *Class (all levels)*
6:30-7:15pm *Freestyle practice (included)*

\$130/skater (add \$15 non-resident)
Deadline one week before start date
(add \$15 late fee)

SESSION A: Jun 9, 16, 23, 30
SESSION B: Jul 7, 14, 21, 28
SESSION C: Aug 4, 11, 18, 25

SUMMER SAVINGS! Hurry...deadline 6/1/10.

Purchase any two full sessions for \$230 (10% discount).

SUPER SAVINGS! Hurry...deadline 6/1/09.

Purchase all six sessions for only \$630 (25% discount)



FOR MORE INFORMATION CALL 301-932-4348
www.capitalclubhouse.com

Capital Clubhouse is located at 3033 Waldorf Marketplace Waldorf, MD 20603