

United Volleyball Camp



for Girls & Boys age 8 to 18!

under the direction of Coach Catherine "Cak" Lavery

July 19-22, 2010

9:00am-4:00pm

Register in-person @ the Capital Clubhouse
or online at www.capitalclubhouse.com/registration

\$175/player
(\$185 non-resident)

"Our camp offers valuable tools to improve your game & provides a positive learning experience to those who join us. Each camper is given technical training to master every skill needed to become a successful volleyball player." - Coach Catherine "Cak" Lavery,

La Plata HS Varsity Coach
Charles Co. Juniors Coach
UMBC DI Head Coach
Towson Univ. DI Head Coach
Former NCAA DI student-athlete



Managed by



FOR MORE INFORMATION CALL 301-932-4348

www.capitalclubhouse.com

Capital Clubhouse is located at 3033 Waldorf Marketplace Waldorf, MD 20603