



Capital Clubhouse Adult Hockey League

Rules

- All players must wear equipment that is in compliance with USA Hockey guidelines. The officials will monitor this. Example: All players must have a functioning chin strap on their helmet
- 8 game regular season – plus 2 playoff/1 final championship game
- Each game will consist of three 15 minute stop time periods
- There will be a 5 minute running time 3 vs. 3 sudden death overtime. Clock will only stop for penalties. If a decisive goal is not scored in the 5 minute overtime the game will end in a tie.
- One 30-second timeout per game.
- Any puck off the netting - stop play.
- Blue line icing is in effect for all games.
- 10 goal Mercy Rule – if a game reaches a 10 goal differential, then game is over.
- Players must **PLAY AND SIGN IN FOR** a minimum of 8 regular season games **IN ORDER TO PLAY IN THE FINALS**.
- Each player (including goalies) on a team must have jerseys of the same primary color and must have a permanently affixed number on the back.
- Captains must submit all rostered players USA Hockey ID prior to first game of the season (May 2).
- All rosters will be frozen after game 4. Team captains must have a final roster submitted at this time. Any team allowing an unregistered player to play will forfeit that game.
- Substitute player roster must be submitted by week 4 by Team Captain including USA hockey ID.
- Min. of 5 players plus 1 goalie on a team roster.
- Max. of 24 players plus 1 goalie on each team roster.
- The Commissioner has the right to review and make any changes to game score sheet and player discipline. All decisions made by the Commissioner are final.
- **Capital Clubhouse is a County Facility, there is a NO TOLERANCE policy for ALCOHOL AND DRUGS in or around the facility/property.** If and when there is reason to suspect any of the above is being used or consumed around or in the Capital Clubhouse facility, the league commissioner will hold the responsible person and/or team accountable. Repeat violations will result in suspension of the league – **NO REFUNDS WILL BE ISSUED.**

Discipline

- Game Penalty Rules:
 - 4 penalties (minor penalties) in same game - player will be removed from the game.
 - A 5th minor penalty in same game results in a game misconduct for that player (1 game suspension)
 - A player that receives a misconduct penalty with 5 min. or less remaining in the 3rd period, player will receive a 1 game suspension.
 - Two game misconduct penalties in same game will result in player being ejected from the game plus a 1 game suspension.
 - Any Player with 2 game suspension on record during regular season - excluded from playing in FINAL ROUNDS
 - A player that has received a game misconduct is required to write a letter to the league director/commissioner in order to be reinstated.
- A player who receives a fighting major or intent to injure will receive a 3 Game Suspension not including the game in which the penalty was issued. 2nd offence will result in expulsion from the league for the remainder of the season. Zero Tolerance.
- Verbal Abuse of an Official (including scorekeeper) will result in a 1 Game Suspension. 2nd offense will result in 2 Game Suspension. 3rd offense will result in expulsion from the league.
- If a player receives a suspension, that player is suspended from that team and all teams they play on at Capital Clubhouse until their suspension is served with the team they received the penalty with.
- Three Game misconducts = expulsion from league.
- Any player who receives a match penalty in a game will be expelled from the league, pending a hearing with league officials.
- Expulsion from league will result in loss of all entry fees paid – NO refunds issued.

Captain's Duties

- Teams are required to have a minimum of five rostered skaters plus a goalie present for all games. Failure to do so will result in forfeit.
- Captain must submit a final Team and Substitute Roster by May 16 (deadline for final payments).
- Captains are required to inform the commissioner of any changes to their team's roster at least one day prior to their next game.
- It is the Captain's responsibility to make sure all players are legal to play. Captains who use an illegal player will receive a 3 game suspension.
- Players who are subbing on a team must check in at the front desk prior to the start of the game and show proof of ID that will be checked against the Captain's Substitute Roster.
- All players on ALL Teams must sign w/ID prior to game start or during the first intermission – jumping into play mid-game is not permitted.
- Absolutely NO ALCOHOL or DRUGS are allowed in the building or on the property at any time
- It is Captains responsibility to make sure players are signing in for every game they attend even if they come late. ***Let commissioner know well in advance about injured players so by the time playoffs come around I could possibly make exceptions

Illegal Players

- Any player playing while suspended
- Any player not registered through USA Hockey
- Any player not on a team's current roster
- Any player who has not checked in
- Players who are not wearing the required equipment

Check-In

- ALL Players are required to check in for their game at the front desk and SHOW ID EVERY TIME THERE IS A GAME. Example of required ID: Driver's License
- Substitutes must be added to the teams Captain's Sub Roster and the updated roster must be provided league commissioner PRIOR TO a Sub playing/entering any game. ID required at sign-in for all subs.
- If a player arrives late for a game, he or she must first check in with ID, then notify the scorekeeper during the first intermission and wait to be permitted into the game by an official.

Payments and Dues

- Team Fee is a total of 6 first rostered players (\$1,200.00). Each rostered player beyond is \$200/player.
- Teams MUST consist of: min. 5 players plus 1 goalie / max 24 players plus goalie.
- **Team Dues:**
 - Team Deposit in order to play: \$1,200 Due May 2nd** (1st game) – if not complete by start of game 5/2 the team will forfeit.
 - Complete Team Balance based on Final Roster submitted by Captain Due before play May 16th** (5th game).
- Subs must be rostered. Sub Fee: \$20/per game

Payments in form of checks, cash or credit card need to be brought in by the captains and paid for with a manager at the rink - All receipts kept for record purposes.

Any team or individual player who fails to make payment by deadlines above will be considered illegal players.

If a player is on more than one team that players payments must be up to date for both teams in order to be eligible to play

Spring 2018 League Schedule

Schedule is set as is, time slots are limited so we work with what is available.

CC	ARENA	AHL	05/08/18 Tue 6:45 PM	01/30	245.00	Ice Hockey - Reserved for AHL
CC	ARENA	AHL	05/08/18 Tue 8:30 PM	01/30	245.00	Ice Hockey - Reserved for AHL
CC	ARENA	AHL	05/15/18 Tue 6:45 PM	01/30	245.00	Ice Hockey - Reserved for AHL
CC	ARENA	AHL	05/15/18 Tue 8:30 PM	01/30	245.00	Ice Hockey - Reserved for AHL
CC	ARENA	AHL	05/22/18 Tue 6:45 PM	01/30	245.00	Ice Hockey - Reserved for AHL
CC	ARENA	AHL	05/22/18 Tue 8:30 PM	01/30	245.00	Ice Hockey - Reserved for AHL
CC	ARENA	AHL	05/29/18 Tue 6:45 PM	01/30	245.00	Ice Hockey - Reserved for AHL
CC	ARENA	AHL	05/29/18 Tue 8:30 PM	01/30	245.00	Ice Hockey - Reserved for AHL
CC	ARENA	AHL	06/05/18 Tue 6:45 PM	01/30	245.00	Ice Hockey - Reserved for AHL
CC	ARENA	AHL	06/05/18 Tue 8:30 PM	01/30	245.00	Ice Hockey - Reserved for AHL
CC	ARENA	AHL	06/12/18 Tue 6:45 PM	01/30	245.00	Ice Hockey - Reserved for AHL
CC	ARENA	AHL	06/12/18 Tue 8:30 PM	01/30	245.00	Ice Hockey - Reserved for AHL
CC	ARENA	AHL	06/19/18 Tue 6:45 PM	01/30	245.00	Ice Hockey - Reserved for AHL
CC	ARENA	AHL	06/19/18 Tue 8:30 PM	01/30	245.00	Ice Hockey - Reserved for AHL
CC	ARENA	AHL	06/26/18 Tue 6:45 PM	01/30	245.00	Ice Hockey - Reserved for AHL
CC	ARENA	AHL	06/26/18 Tue 8:30 PM	01/30	245.00	Ice Hockey - Reserved for AHL
CC	ARENA	AHL	07/03/18 Tue 6:45 PM	01/30	245.00	Ice Hockey - Reserved for AHL
CC	ARENA	AHL	07/03/18 Tue 8:30 PM	01/30	245.00	Ice Hockey - Playoff Games
CC	ARENA	AHL	07/08/18 Sun 8:30 PM	01/30	245.00	Ice Hockey - Championship Game